

24-Hour Urine Collection Guidelines

Collection Materials:

- Collection Hat
- 24-Hour Urine Container
- Patient ID Label

Collection Directions:

1. Your physician has requested a test, which requires a complete 24-hour urine collection.
2. Follow your physician's directions regarding food, drink, or medication before and during collection.
3. In the morning upon rising, empty your bladder and discard this urine specimen. Record the date and time on the container, this is the start time for the test.
4. All urine passed during the day and night for the next 24-hours must be poured into the container.
5. Collect urine in the Collection Hat provided and pour into the 24-Hour Urine Container.
6. Keep urine refrigerated during collection.
7. 24-Hours after the start of the collection empty your bladder into the Collection Hat. Pour the specimen into the 24-Hour Urine Container. Record the finish time on the container.
8. Keep 24-Hour Urine Container refrigerated until delivered to the Lab.
9. Fill out the provided label with Full First and Last Name, Date of Birth, Height and Weight. Place the label on the specimen.
10. Bring the specimen to a Genesis Laboratory location within 24 hours of final collection.
11. Complete a Patient Registration at the front desk, and then drop off the specimen at the Laboratory.
12. If you are unable to collect all urine during the 24-hour period, please notify your physician and the Laboratory. A complete collection is necessary to avoid inaccurate results.

Specimen Drop-off Locations:

Genesis Laboratory Locations	
Genesis HealthPlex Draw Center <ul style="list-style-type: none"> • 2800 Maple Ave, Zanesville Ohio 43701 • Phone: 740-454-4039 • Monday through Friday 6:00am-5:30pm 	Genesis HealthCare Center New Concord <ul style="list-style-type: none"> • 1 East Main St, New Concord, Ohio 43762 • Phone: 740-826-7155 • Monday through Thursday 8:00am-4:30pm
Genesis Pavilion Draw Center <ul style="list-style-type: none"> • 955 Bethesda Dr, Zanesville, Ohio 43701 • Phone: 740-454-4078 • Monday through Friday 6:00am-5:30pm • Saturday 7:00am-1:00pm 	Genesis Perry County Medical Center/ Somerset Draw Center <ul style="list-style-type: none"> • 301 Dr Mike Clouse Dr, Somerset, Ohio 43783 • Phone: 740-743-3800 • Monday through Friday 6:30am-3:00pm
Genesis HealthCare Center Cambridge <ul style="list-style-type: none"> • 61353 Southgate Parkway, Cambridge, Ohio 43725 • Phone: 740-432-1034 • Monday through Friday 7:30am-5:00pm 	Genesis Coshocton Medical Center <ul style="list-style-type: none"> • 48439 Genesis Dr, Coshocton, Ohio 43812 • Phone: 740-722-9560 • Monday through Friday 7:00am-3:30pm

For Questions, please call the Genesis Hospital Laboratory at 740-454-4606.